

Chief Complaint
 On 17th and 18th October 2018

History of Present Illness
 On 17th and 18th October 2018, the patient presented to the clinic with a 2-week history of low back pain. The pain is described as a dull, aching pain that is worse in the morning and improves throughout the day. There is no history of trauma, falls, or lifting heavy objects. The pain is localized to the lower back and does not radiate to the legs. There is no numbness, tingling, or weakness in the lower extremities. The patient has not experienced any changes in bowel or bladder habits, no fevers, no weight loss, and no night sweats. There is no history of urinary tract infections, no changes in vision, no changes in hearing, no changes in taste or smell, and no changes in voice. The patient has not experienced any changes in appetite, no changes in weight, and no changes in menstrual cycle. There is no history of chest pain, no changes in breathing, no changes in heart rate, and no changes in blood pressure. There is no history of dizziness, no changes in balance, and no changes in coordination. There is no history of headaches, no changes in vision, and no changes in hearing. There is no history of changes in bowel or bladder habits, no changes in appetite, and no changes in weight. There is no history of changes in menstrual cycle, no changes in taste or smell, and no changes in voice. There is no history of changes in breathing, no changes in heart rate, and no changes in blood pressure. There is no history of changes in dizziness, no changes in balance, and no changes in coordination. There is no history of changes in headaches, no changes in vision, and no changes in hearing. There is no history of changes in bowel or bladder habits, no changes in appetite, and no changes in weight. There is no history of changes in menstrual cycle, no changes in taste or smell, and no changes in voice. There is no history of changes in breathing, no changes in heart rate, and no changes in blood pressure. There is no history of changes in dizziness, no changes in balance, and no changes in coordination. There is no history of changes in headaches, no changes in vision, and no changes in hearing.

Review of Systems
 Constitutional: No fever, no chills, no night sweats, no weight loss.
 Eye: No changes in vision, no eye pain, no visual changes, no photophobia, no history of urinary tract infections.
 Respiratory: No changes in breathing, no changes in heart rate, no changes in blood pressure.
 Cardiovascular: No chest pain, no palpitations, no syncope, no history of urinary tract infections.
 Gastrointestinal: No changes in bowel habits, no nausea, no vomiting, no diarrhea, no changes in appetite.
 Genitourinary: No changes in urinary frequency, no changes in urinary urgency, no changes in urinary pain.
 Hematologic: No bruising, no bleeding, no swollen lymph glands.
 Endocrine: No changes in energy, no changes in weight, no changes in menstrual cycle.
 Musculoskeletal: No changes in joint pain, no changes in joint stiffness, no changes in joint swelling, no changes in joint redness, no changes in joint warmth, no changes in joint pain, no changes in joint stiffness, no changes in joint swelling, no changes in joint redness, no changes in joint warmth.
 Neurologic: No numbness, no tingling, no weakness, no changes in reflexes, no changes in sensation.
 Psychiatric: No changes in mood, no changes in behavior, no changes in thought, no changes in perception.
 Skin: No changes in skin color, no changes in skin texture, no changes in skin temperature, no changes in skin sensation.

Physical Exam
 Vitals & Measurements: BP: 120/80, HR: 76, RR: 16, SpO2: 98%.
 Head & Neck: No changes in head & neck, no changes in head & neck, no changes in head & neck.
 Eyes: Conjunctiva and sclera clear, normal IOP, PERRL.
 Ears, Nose & Throat: No changes in ears, nose & throat, no changes in ears, nose & throat, no changes in ears, nose & throat.
 Chest: No changes in chest, no changes in chest, no changes in chest.
 Abdomen: No changes in abdomen, no changes in abdomen, no changes in abdomen.
 Extremities: No changes in extremities, no changes in extremities, no changes in extremities.
 Neurologic: No changes in neurologic, no changes in neurologic, no changes in neurologic.
 Skin: No changes in skin, no changes in skin, no changes in skin.

