

9th McMaster International Review Course in Internal Medicine (MIRCIM), sponsored by the Polish Institute for Evidence Based Medicine (PIEBM)

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Global Ambassador reflections provided by: Sharon Kolasinski, MD, FACP

I cannot say enough about what an incredible opportunity this was for me. I was able to present important, evidence-based information on the topic of osteoarthritis, something internal medicine physicians deal with every day; see an international internal medicine meeting in action (and learn about things that I do not normally hear about in my subspecialty meetings); be so engaged with the really outstanding and impressive trainee presentations; meet colleagues from all over the world; and appreciate the shared goals for care we have across the globe. Great to hear the European perspective on evidence-based medicine, not just a US centric perspective. Great to talk about the experience of clinicians in widely varying circumstances and the challenges faced. Eye opening to hear that our concerns and innovations in medical education are aligned and so similar. The meeting agenda covered a broad and important range of internal medicine topics. Highlights included highly evidence-based discussions with up to the minute updates on guidelines for management of hypertension, anticoagulation, osteoporosis.

Although I anticipated a broad European audience (and that was the case), there were quite a few participants from South America, the Mideast, India, even South Africa. Quite international and diverse. Few North Americans (they are encouraged to attend). Many young trainees and early career participants, as well as mid-career and more senior attendees—very broad representation across the career spectrum.

Krakow is a wonderful town full of medieval, Baroque and modern wonders. You can enjoy the town easily on your